



# My Health Online Release of Information Request

### SUTTER HEALTH USE ONLY

MRN:  
DOB:  
Doc Type:  
DOS:

#### Select Your Sutter Affiliate / Hospital

- Sutter Medical Foundation       Sutter East Bay Medical Foundation       Sutter Gould Medical Foundation
- Palo Alto Medical Foundation       Sutter Pacific Medical Foundation
- Sutter Community Connect (write provider's name): \_\_\_\_\_
- A Sutter Hospital (write hospital name): \_\_\_\_\_

My Health Online provides you confidential, secure access to your personal health information – anywhere you have internet access. With My Health Online, you can conveniently access health information, view test results, request appointments, and more. For more information: Visit your local Sutter Health Affiliate's website or [www.SutterHealth.org](http://www.SutterHealth.org), E-mail us at [myhealthonline@sutterhealth.org](mailto:myhealthonline@sutterhealth.org), or call us at 1-866-978-8837.

I request Sutter Health to release my personal health information, including test results, to my online personal health record. I understand that medical providers are prohibited by California law from releasing certain test results electronically. I understand that access to my health information is for my use only.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

#### Enrollment Information

- You must be 18 or older to enroll.
- Your Online ID and password should not be shared with anyone.

#### Receiving Your Access Code

Your access code will be mailed to you. Please allow up to one week for processing.

#### Requester Information

Please ensure you sign this form. A missing signature will delay processing your request.

Name \_\_\_\_\_  
(please print legibly)

Bring this form to your next medical appointment or fax or mail your completed form to the Patient Services Contact Center

Today's Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Date of Birth (MM/DD/YYYY) \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Last 4 digits of SSN (optional) XXX / XX / \_\_\_\_\_

E-mail \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone ( \_\_\_\_\_ ) \_\_\_\_\_

**Fax:** Patient Services Contact Center  
Attn: My Health Online, (877) 607-6484

**Mail:** Patient Services Contact Center  
Attn: My Health Online  
P.O. Box 255386  
Sacramento, CA 95865-5386

If you would like a copy for your records, please photocopy this form.

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Patient ID/Signature Verified By: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_